

Nu Sigma Youth Services, Inc.



Leadership Academy

FACT SHEET

The **Leadership Academies** operate during the week. Participants in the **Leadership Academy** are recruited from schools and the community in specified areas of the city. The program operates during the day from Monday to Friday with hours being determined by planned activities. Participants will begin each day with daily reflections followed by individual and small group workshops and or other project specific activities.

PURPOSE

The purpose of the **Leadership Academy** is to assist participants in developing leadership, athletic, and social skills. The Academy will also work to bridge the gaps between youth who live in the community and the exciting opportunities offered by Nu Sigma Youth Services.

WHO ARE POTENTIAL MEMBERS?

The **Leadership Academy** is open to males between the ages of 8 and 12.

ORGANIZATION

All **Leadership Academy** groups shall be organized under the guidance of Nu Sigma Youth Services, Inc. Nu Sigma will also recruit community volunteers to assist with the project. The Executive Director of Nu Sigma Youth Services will provide program leadership as well as technical assistance to the site regarding Youth Development activities.

PROGRAM GOALS AND OBJECTIVES

Nu Sigma Youth Services has identified the following program goals, which will be targeted through its program activities:

1. To increase skills among participants to resist peer pressure through leadership development and training;
2. To increase the knowledge of participants of the negative consequences of involvement with negative behaviors such as substance abuse, violence and high-risk sexual activity;
3. To increase awareness of cultural values and heritage;
4. To improve academic performance and increase awareness of careers and educational opportunities;
5. To provide on-going support for program participants through mentoring by African American professionals.

PROGRAM COMPONENTS

- ◆ Individual & Team Concepts
- ◆ Life Skill Training
- ◆ Conflict Resolution
- ◆ Trips
- ◆ Additional Support Services as needed

PROGRAM BENEFITS

- ◆ Mentoring
- ◆ Study skills
- ◆ Self Responsibility Strategies
- ◆ Professional Interactions
- ◆ Career Exploration

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