

Nu Sigma Youth Services, Inc.



Atiya V. Abney Leadership Institute for Girls

FACT SHEET

The [Atiya V. Abney Leadership Institute for Girls](#) is a six (6) week enrichment program designed for young females. Nu Sigma Youth Services and the Philadelphia Anti-Drug/Anti-Violence Network in partnership with participating organizations will operate the [Atiya V. Abney Leadership Institute for Girls](#) during the week as part of its Summer Enrichment and Employment Project. Participants for this project will be recruited from the Philadelphia area in accordance with the hiring and working procedures of the Summer Enrichment and Employment Project. Participants will begin each day with daily reflections followed by individual and small group workshops or project activities.

WHO ARE POTENTIAL MEMBERS?

The [Leadership Institute](#) is a program open to females between the ages of 14 and 17.



ORGANIZATION

The [Atiya V. Abney Leadership Institute for Girls](#) shall be organized under the guidance of Nu Sigma Youth Services and PAAN. Nu Sigma will also recruit community volunteers to assist with the project. The Executive Director of Nu Sigma Youth Services will provide program leadership as well as technical assistance in regards to Youth Development activities.

PROGRAM GOALS AND OBJECTIVES

Nu Sigma Youth Services has identified the following program goals, which will be targeted through its program activities:

1. To increase skills among participants to resist peer pressure through leadership development and training;
2. To increase the knowledge of participants of the negative consequences of involvement with negative behaviors such as substance abuse, violence and high-risk sexual activity;
3. To increase awareness of cultural values and heritage;
4. To improve academic performance and increase awareness of careers and educational opportunities;
5. To provide on-going support for program participants through mentoring by African American professionals.

PROGRAM COMPONENTS

- ◆ Mentoring with professional women
- ◆ Employment Readiness
- ◆ Career Exploration
- ◆ Trips
- ◆ Etiquette Classes
- ◆ Personal Health
- ◆ Recreational Activities

PROGRAM BENEFITS

- ◆ Mentoring
- ◆ Study skills
- ◆ Self Responsibility Strategies
- ◆ Professional Interactions
- ◆ Career Exploration

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